



Leyland P76 Anything But Average

October 2010

# THE QUEENSLAND BULLETIN



# Bob Stonell with his Crystal White P76 Executive

LEYLAND P76 OWNERS CLUB INCORPORATED QUEENSLAND P.O. BOX 343, CARINA 4152, QUEENSLAND www.leylandp76.com



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#### AIMS OF THE P76 CLUB

- 1. To restore and actively use all model of P76 produced.
- 2. To provide knowledge, advice and parts on the P76 and its variants.
- 3. To conduct various activities for the members and their cars.
- 4. To include any vehicle assembled in the Zetland factory.

Membership of the club will be open to anyone who is interested in pursuing the aims of the club

The Leyland P76 Owners Club Incorporated Queensland has its monthly Meetings on  $2^{nd}$  Friday of each month:

Venue:	Mt Petrie Primary School
	Mt Gravatt-Capalaba Road
	MACKENZIE, QLD (Entry is via Vivaldi Street)
Time:	8.00pm

Various activities are organised by Club Members and are generally held on the last Sunday of the month. All venue information is confirmed at the General Meeting and is recorded in the Minutes.

#### CLUB MEMBER OF THE YEAR POINTS ALLOCATED

Attend Meeting = 1 point: Raffle donation = 1 point: Organise Event = 1 point: Win Event = 1 point

#### **IMPORTANT NOTICE** - ALL MATERIAL IN THIS MAGAZINE IS COPYRIGHT

Other "P76 Owners" clubs are welcome to reproduce any original material in this newsletter providing a mention of "Leyland P76 Owners Club Incorporated Queensland" and the "Author" of that material as the original source is made.





Hi all

It has been a busy time for us with the All British Day in Brisbane in mid September and The Queensland Motor Neurone Disease lunch at the beginning of October. This has thrown out our schedule of having our monthly run on the last Sunday of the month. But we will be getting back on track on 31 October for a 'fish and chip' lunch at Colmslie Park. Further details are in this magazine and if you are not sure of the meeting place please phone Carle who is organising this event.

The All British Day was cool for most of the day and as we were packing up to leave it decided to warm up. This car show is sponsored by the RACQ and a highlight is the arrival of the RACQ Careflight Helicopter (of course, it is always subject to emergency callouts as to whether the helicopter will arrive at the show). I got up close and personal with this flying machine and didn't realise how big it actually was – the blades alone are long and quite impressive let alone the setup inside for emergency rescues and evacuations. It is quite an impressive and vital service they offer to the public of Queensland.



crew talking about this organisation.

1955 AJS in mint condition. 2010 is 100th anniversary of this make of motorbike.

Our club was represented by the Nomad (Carle), three Targa Florios (Rogo, Neville and Richard) and Richard's Spanish Olive 6 cylinder (I know the New Zealand club would be impressed with three Targa's together at a group run). There was only one motorbike on display this year and less cars than previously but I am sure the unsettled weather was a big factor in this. The BBQ lunch was cooked by the two Richard's with plenty of advice from Rogo as usual but the end result was great.

Richard and I were unable to attend the Motor Neurone Day at Clontarf at the beginning of this month. See Adrian's story and pictures later in the magazine. Good job Adrian and his team of helpers.



Some members have ordered a Trax Force 7 Model which should be arriving shortly. Our club has for sale a limited supply of NOS (New Old Stock) Force 7 Manuals to compliment your new model. Contact our Parts Manager Graham Rogerson to get a copy.

November is our Christmas lunch. Watch out for further details in our November newsletter.

Happy motoring and safe driving

We do not necessarily improve with age; for better or worse we become more like ourselves - Peter Hall



## Minutes of the Leyland P76 Owners Club Incorporated Queensland General Meeting held on Friday 8 October 2010

The meeting was opened by the President at 8.10pm

Apologies:	Neville Humphries
Treasurers Report:	As per the bank statement. Moved Garth Morris, seconded Darryl Packham
Minutes of Previous Meeting:	The minutes of the September meeting were accepted as a true and correct record. Moved Graham Rogerson and seconded Darryl Packham
Business Arising:	Membership Cards - Ann will be sending these out shortly. Deluxe Models – Adrian reported some of the models have been received with the rest to follow. Club Trailer - the trailer will not be going to the Rogerson's as previously decided. It will continue being stored at the Scout hall as the renovations are now complete.
Incoming Mail:	Subscriptions received from: Col Pershouse (new member) John Judd Letter form Cams Austnet PLI overdue Shannons le mans promotion Enthusiast insurance flyers

	Emails Car for sale – contact Adrian Marina/P76 owner in Towoomba Peter Bond has sold his marina Magazines received from: Penzed - September, Westwords - October, South Australia - October, Leyland P76 Classic Car Club - September, The Leyland Post Number 39
Outgoing Mail:	None
Spare Parts:	Gaskets sets do not have the bottom set this time and the pricing has changed
General Business:	<ul> <li>Cams - letter was discussed and the club has decided not to take up their offer.</li> <li>2012 Nationals: Discussion on several possible sites</li> <li>Club shirts: These are ready for members who have ordered them</li> <li>Christmas lunch: Carle will contact the Redland Bay Hotel for costings and availability for 28 November or alternatively 21 November.</li> </ul>
Upcoming Outings:	17 October – Morris Minor Day at Ormiston State School 31 October – Fish n Chip run in Brisbane
Meeting closed	9.05 pm



#### Sunday 31 October 2010 – 10.00am

Meet at The Eco Café, Port of Brisbane Visitors Centre, 1 Whimbrel Street, Fishermen Islands 4178 Qld for coffee and cake. From there Carle will lead the convoy through the Bayside suburbs to Colmslie where we will buy Fish and Chips for lunch and eat them at the park. Bring your own chairs (just in case we don't get a covered table and seating at the park) sauce, tea and coffee if you wish.



## Sunday 21 or 28 November 2010 – Christmas lunch ?????

Please note this is a tentative date at this stage. We are waiting for confirmation from the venue for our Christmas lunch booking. Further details will be available at the next meeting and also in the November magazine.



#### October 2010 31 Sunday

**Club Outing** Fish and Chip lunch at Colmslie Park

#### November 2010 12 Friday

Monthly General Meeting 8.00pm at Mt Petrie School

#### 21 or 28 Sunday

Club Outing Christmas lunch – to be advised

#### December 2010 10 Friday

October 2010

Monthly General Meeting 8.00pm at Mt Petrie School



#### 29, 30 & 31 Convoy for Kids, Brisbane charity for kids with cancer Trucks and utes, starting at Heavy Haulage Australia's Depot at 22 Commerce Place, Larapinta next to the Woolworth's DC travelling through Brisbane to Redcliffe showgrounds. Phone Glen Voss 0409350308 – truck show http://www.brisbaneconvoyforkids.com.au

# 31/10/2010 Goombungee Little Folks Group Car Show, Motorbike Poker Run and Market Day

Goombungee Show Grounds. Toowoomba. Car Show- Gates open at 9am, Judging commences at 10am sharp, Presentation at 2pm, Competitor entry fee \$10, Public entry fee- Gold Coin. Motorbike Poker Run –Registrations between 8am – 9am at Goombungee Antiques and Café, Mocatta st Goombungee, \$10 registration fee. Phone Amanda 0428344811 or email glfg@hotmail.com

#### November 2010 6/11/2010

Hervey Bay High School P&C Swap Meet Hervey Bay High School Ovals - entry via Old Maryborough Road, Pialba. Gates open 6am - close 2pm. Public admission \$2.00 Kylie - 4194 3759 (7am - 3pm) Rob - 0408 455 447 or <u>pcurr6@eq.edu.au</u>

7/11/2010 Sun Fun Run Northpine Country Markets Show Meet at Harry's Diner, Newmarket Rd, Windsor from 7am (Open for Breakfast from 7am) leave 8.30am sharp, cruising out to the Northpine Country Markets, approx 1.5 hour drive. Phone Webby 0409 728 923

#### 7/11/2010 North Pine Country Cruise

Petrie. Queensland. 7am to 4pm, inviting all pre 1974, hotrods, customs, classics, and vintage & motor bikes. ASRF sanctioned event, show & shine, trophies (publican pick) parking for over 2000 cars. Stroll through the historic 'Old Petrie Town' see working cottage's, rum distillery, blacksmith, pottery, steam engines, the working Old Petrie pub. Phone Lynne 0439344296 (after 7pm) 0732644296

14/11/2010	Bundamba "Car Buffs" Motor Show Bundamba TAFE Oval, Mary St, Bundamba. Classics/Vintages, Import, 4WD/Utes Cars to arrive at 9.30am for set up. Phone Robyn 0421410800 email <u>robyncoelman@y7mail.com</u> Facebook <u>http://www.facebook.com/PH3NIX#!/event.php?eid=114878435236508</u>
14/11/2010	<b>10<sup>th</sup> Annual Wheels of the Century Automotive Show</b> Redcliffe Showgrounds, open to all car clubs and private entries. Vehicle entry 7.30am admission \$10.00 or prepay \$7.00. General entry 9am–2pm adults \$5.00. Contact Brian Stow 0732840104 / 0412744354 or Cheryl Linsdell 0732831009 / 0427 313 458 Email <u>wheelscentury@optushome.com.au</u> <u>www.clontarfbeach.scoutsqld.com.au</u>
14/11/2010	<b>Gold Coast Car Show</b> Mudgeeraba Showgrounds, Mudgeeraba Road, Gold Coast (Exit 77 off the M1).Gates open 5.30am for car entry, admission \$10.00. Public entry 8am, admission \$5.00.
20-21/11/2010	Contact Kevin 0418768860 email <u>Kevin@goldcoastcarshow.com.au</u> <b>Rod and Street Machine Spectacular</b> Gold Coast Exhibition Centre, Broadbeach, Gold Coast Phone 07 33439224
28/11/2010	Beaudesert Little Athletics Swap Meet (formerly Tambourine Swap Meet) Beaudesert Showgrounds, Beaudesert. Gates open 4am for vendors, admission \$5.00 for site and 6am for general entry, admission \$2.00 Phone 0409488912 or 0419981940 email <u>karen.d@scenicim.qld.gov.au</u>
28/11/2010	<b>Thanksgiving at Lakeside</b> Lakeside Park – Lakeside Road, Kurwongbah Open to all cars manufactured in the USA. Show n Shine, Cruise and Tri-carthlon Phone188722377 <u>www.queenslandraceway.com.au</u>
MAY 2011 15/05/2011	MACLEANS BRIDGE AT LAKESIDE SPORTS & CLASSIC CAR FESTIVAL Lakeside Park (Lakeside Raceway) 30km north of Brisbane in Queensland. Sports, Heritage and Classic Car Displays, Concours d' Elegance, Restoration Theatre experts show their skills for DIY restorers, A specialised Sports and Classic Car Auction conducted by Pickles Auctions, Track time for serious sports car drivers. Phone 0738296121, email: nisaust@bigpond.net.au_www.macleansbridge.com

Many thanks for dates and details of upcoming swap meets supplied by:

## Pacific Highway Auto Recyclers of Elliot Drive, Yatala

## INTERESTING FACTS:

- 1. THERE IS NO WORD IN THE ENGLISH LANGUAGE THAT RHYMES WITH MONTH.
- 2. TYPEWRITER IS THE LONGEST WORD THAT CAN BE MADE USING THE LETTERS ONLY ON ONE ROW OF THE KEYBOARD.
- 3. GO IS THE SHORTEST COMPLETE SENTENCE IN THE ENGLISH LANGUAGE.

# All British Day









#### Hi members

The land rover has been keeping me busy lately with a new thermostat sticking at odd intervals and then opening very slowly. I have thrown it out now and am monitoring to see if any other problems exist. I think there is but the jury is still out on that at present.

The All British day was a good day considering the weather with a decent roll-out of vehicles. Land rover had a big display as well as the usual British Fords and of course the Rolls Royce and Jaguar marques on the lower oval.

It was disappointing to see <u>only 4 P76</u>'s arrive for the day, 3 of which were Omega Navy Targa's the other car being a Spanish Olive 6cyl; not a good representation of the car variances. I would like to thank the people who made the effort on the day to join the Nomad and carry the banner for the club.

Adrian was back from interstate for the Volunteers Lunch Motor Neurone Disease Awareness Day on 3 October. This was held under threatening skies but was a good casual day with around 6 P76's of all kinds and colours to match the cars from the Pontiac club and the Northern Vintage club. We even had the Mopar club drop in and have a look! Fortunately the rain held off to a large degree and faces were fed with no complaints on the cooking with Rogo and myself on the BBQ tools. Rogo stayed cooking until the desserts were announced and then disappeared. This happened again when the Motor Neurone people brought a cake called "DEATH BY CHOCOLATE" I can see why. Adrian has the pictures up on the web site as well as other past runs.

Coming up on the 17 October is the Morris Minor day at Ormiston which is a great casual display day and there is plenty of cover from the rain or sun for 150-200 people so don't be shy.

After that we have a fish and chip run on the 31 October leaving from Eco Café at the Port of Brisbane and driving through the Bayside suburbs to Colmslie for the food and then to Colmslie Park behind the state hockey centre.

Many thanks to the members who attended the meeting on the 8 October. It was a pretty ordinary night to be going out anywhere. We were, I think, pretty cosy in the room and a good cuppa afterwards to brace ourselves for the journey home.

I hope to see you at the next run.

Carle

## **Volunteers Lunch Motor Neurone Disease Awareness Day**

The MNDAQ Volunteers were welcome guest of the Queensland Leyland P76 Club in conjunction with Brisbane Northside Antiques Automobile Association Inc and the Queensland Pontiac Club at Pelican Park, Clontaff on Sunday 3 October 2010.

The weather leading up to Sunday was very overcast and showery. On Sunday morning the weather again was showery and while getting things together I thought the numbers would be down and only the diehards would turn up. I am pleased to say that we had a better turnout than I thought.

We did not get our usual spot as another group had planned a birthday party and 20 plus children, parents and friends occupied the facilities till midday. Thanks to Carle and Graham for taking on role of cooking the food, while Pat and others sorted out the bread rolls and salad. Lesley from MNDAQ again supplied the beautiful desert of cakes. I had the duty of making morning tea; the pikelets were anything but round and were there for those who were game enough to eat them. You can tell that they were alright as all disappeared smartly. One of the members from the Pontiac club, Jack, assisted with tomatoes from his Takeaway across the road.

Throughout the morning, all types of cars appeared. We had 5 P76s (3 of these were blue Targas), 4 Pontiacs and a variety of restored cars from the BNAAC. All up we had 20 or more cars. A couple of fair weather Mustangs and a number of Chryslers\Valiants cruising from Caboolture spent some time looking at the other cars. Quite a few members of the public checked out the situation too.

The raffle prizes were distributed between the different clubs and Wally the wombat was well feed.

My photos are available at <u>http://www.leylandp76.com/clubs/qld/2010/awarenesslunch.html</u> so take a look. If you have some more please send them to me.

I would like to thank all those who attended and their support and look forward to you joining us next year.

Adrian





## **DRIVER FATIGUE**

#### (Sourced from http://www.pinky.com.au/DriverFatigueAlarm.htm)

What is a micro sleep? A micro sleep is a brief, unintentional episode of loss of attention associated with events such as a blank stare, head snapping and prolonged eye closure. A micro sleep is also known as "nodding off". Micro sleeps are unintended periods of light sleep that typically last between 2 and 30 seconds.

A person may not be aware that a micro sleep has occurred. In fact, micro sleeps often occur when a person's eyes are open. While in a micro sleep, a person fails to respond to outside information. If this occurs while driving, you may not see a red traffic signal, notice that the road has taken a curve or the traffic lanes are narrowing.

Because one of the symptoms of fatigue is the decreased ability to judge your own level of tiredness, a typical response is to fight fatigue and try to stay awake. When a fatigued person is trying to stay awake in order to perform a monotonous task such as driving, micro sleeps are likely to occur.

#### Understanding driver fatigue

- The most important thing to know about Driver Fatigue is that it is a silent killer. It is the experience of being 'sleepy', 'tired' or 'exhausted' whilst driving a vehicle.
- You may demonstrate a number of symptoms of fatigue well before you actually feel the compelling need to shut your eyes. These symptoms may include restlessness, reaching for the lollies more often, irritability or boredom. Don't ignore these early warning signs. This is the time to pull over and take a break.

- Driver Fatigue is a physiological and psychological experience that can severely impair driver judgement and can affect any motorist at any time.
- Yawning, stretching, keeping the window open, drinking caffeinated drinks, or turning up the music may make you feel better temporarily, but only sleep can fix fatigue.

**Recognizing signs of driver fatigue** Some signs of Driver Fatigue may include:

- Yawning
- Restlessness
- Heavy or sore eyes
- Blurred vision
- Slowed reactions
- Poor concentration
- Impatience

Not remembering the last few kilometres of your trip

#### Micro sleeps

#### The statistics

Driver Fatigue is a major factor in up to 20% of the annual road toll throughout Australia.

Although the majority of fatigued drivers involved in fatal crashes are males, fatigue can affect any driver.

The risk of a fatal fatigue crash is highest between 10pm and 6am when your body's circadian rhythms are programming you to sleep - four times greater than for the rest of the day.

Driving while sleep deprived, especially late at night and at dawn increases the risk of having a micro sleep and losing control of your vehicle. A micro sleep is a brief and unintended loss of consciousness.

During a 4 second micro sleep a car travelling at 100km/hr will travel 111metres while completely out of the driver's control.

#### How can I prevent driver fatigue?

- Plan your rest breaks and overnight accommodation BEFORE you leave home;
- <u>Plan out your journey</u> to ensure that you have plenty of rest stops it is recommended that motorists take at least **one rest stop every two hours**;
- If you are travelling with children, carry some of their favourite music, some puzzles, books, pencils and paper. Children can easily become bored so if possible plan some stops with facilities for the kids;
- Get a good nights sleep before commencing a long trip;
- Eat light, fresh foods. Sandwiches and fruit are ideal snacks for drivers;
- Avoid heavy, fatty foods, which hasten the onset of tiredness;
- Try not to drive at times when you would normally be asleep;
- Avoid long drives after work;
- Take regular breaks from driving;
- Share the driving wherever possible;
- Pull over and stop when drowsiness, discomfort or loss of concentration occurs; and
- Find out whether any medicine you are taking may affect your driving.
- Wear a DRIVER FATIGUE ALARM it can help to give you SAFER driver.